



The Brighton & Hove Interfaith Contact Group

Interfaith News Update for July





Friendship Meeting at the Brighton Mosque

The Place: Brighton Mosque, 150 Dyke Road, Brighton BN1 5PA

The Date and Time: Thursday, 16th July at 7pm

We warmly invite you to our first Friendship Hour in a Brighton Mosque. Dyke Road Mosque, also known as The Brighton Mosque and Muslim Community: this centre of worship offers Muslims and Non-Muslims a great opportunity to know more about Islam through educational and social interaction.

Our host and guide at this very special Friendship Hour is Sunny Choudhury, a director of the Mosque and Member of the IFCG Committee.

Included in our talk will be a question and answer session, followed by refreshments and an opportunity to meet up with old friends... and make some new ones.

Looking forward to seeing you then. If you wish to confirm that you are joining us, feel free to email our secretary at:

info@interfaithcontactgroup.com

A banner for the YMCA Downslink Group. The left side has a magenta background with white text: 'YMCA DOWNSLINK GROUP', 'Expanding reach, deepening impact', 'Strategy 2026-2031', the YMCA logo, and the tagline 'Here for young people Here for communities Here for you'. An orange button says 'Find out more'. The right side features three photos: a group of young people, two women at a table, and a person in a 'KEEP GROWING' sign.

Make a Real Difference to the Lives of Young Homeless People

If you'd like to make a meaningful difference in the lives of young people, we'd love to hear from you.

YMCA Downslink Group is looking for **volunteer chaplains** from all faiths and belief backgrounds to join our multi-faith chaplaincy team in Brighton & Hove. Volunteer chaplains help prepare and share meals, build community, and offer a listening ear to young people aged 16–25 living in YMCA supported housing. These regular chaplaincy sessions help build confidence, friendships and a sense of family.

We're looking for people who are:

- Kind and compassionate
- Good listeners
- Non-judgemental and inclusive
- Reliable and adaptable
- Comfortable working with people of all faiths, beliefs, and none
- Reliable and able to work as part of a team
- Adaptable, with a sense of humour and a heart for young people

What you'll do:

- Help cook and share a simple meal
- Spend time with residents in a relaxed and welcoming environment
- Offer encouragement, conversation, and support
- Work alongside staff and fellow volunteers

📍 Brighton & Hove

🕒 Wednesdays or Thursdays, 5:00pm–7:00pm

📅 Minimum commitment: one evening per month

You would work in a small team, and have training and support.

Interested or want more information?

Contact **Mike Jones**, Lead Chaplain on mike.jones@ymcadlg.org /

07483711942

<https://www.ymcadlg.org/what-we-do/support-and-advice/chaplaincy/>



Sea Blessing

Sun Aug 16
at 3 pm

On the
Groyne
by the
Palace Pier

for info

buff@stlukesonline.co
anthony.murley@me.c



Lamorna Ash, in conversation

Tue 21 Jul 2026 7:00 PM - 8:30 PM One Church Florence Road, BN1 6DL

[Grab your seat](#)

[Manage tickets](#)

One Church Brighton are excited to welcome back Lamorna Ash, having been featured in her bestselling title, *Don't Forget We're Here Forever*.

In the book, Lamorna embarks on a journey across Britain to meet those wrestling with Christianity today. Through interviews and her own deeply personal journey with religion, and from Evangelical youth festivals to Quaker meetings, a silent Jesuit retreat along the Welsh coastline to a monastic community in the Inner Hebrides, she investigates what is driving Gen Z today to embrace Christianity.

Lamorna will be in conversation with Anton Thompson-McCormick, One Church's Youth Engagement Worker, whose story is shared in the book. She will also read from the book, take questions from the audience and sign copies.

18:30 Doors (soft drinks available to purchase)

19:00 Discussion

20:00 Book signing

Tickets are free. You will be prompted to make a gift to Anton's work with LGBT youth, if you are able to give it would be hugely appreciated. Books can be pre-ordered with your ticket, or purchased on the night.



More about *Don't Forget We're Here Forever*:

Gentle, lovely . . . Ash's faith is at its core a matter of curiosity . . . Ash started working on *Don't Forget We're Here Forever* when she was only 26, but the tender grace of her tone makes her seem much older, perhaps because she writes from the vantage point of newly discovered faith. In addition to a journalistic portrait of many young believers, *Don't Forget We're Here Forever* is a memoir of sorts, charting Ash's passage from doubt to a refreshingly fluid and undogmatic brand of Christianity . . . Even when she is exploring the cruellest and crudest forms of Christianity, Ash often finds something of value in them . . . Over the course of *Don't Forget We're Here Forever*, Ash becomes an example of the kind of radical openness that reading (and religion) should demand - Becca Rothfeld, *Washington Post*

LOCATION

One Church Florence Road, BN1 6DL

HARD ROHR
THE
UNIVERSAL
CHRIST

How a forgotten reality
can change everything

the places
that scare
you
a guide to fearlessness

Marianne W
REFLECTION
A COURSE
THE NUMBER ONE

peace
is every
The path of mind
in everyday life
THICH N
HAT
author of the acclaimed T
With a Foreword by K

TOM BUTLER-BOWDON
50
The
GREATEST
BOOKS
DISTILLED
SPIRITUAL
CLASSICS
Your shortcut to the most
important ideas on self-discovery,
enlightenment, and purpose

TRADITIONAL
Tzu Tao Te
ILLUSTRATED E
Translated by Stephen M



Share ideas about Spiritual Books from your Armchair

The IFCG Spiritual Book Club is fun, friendly and inspirational. We meet every second Monday of the month at 7pm online, and our next meeting is scheduled for **July 13th**. We are currently reading **Why Kindness is Good For You** by **David R. Hamilton**.

The group is informal and relaxed, so if you haven't read the book you are welcome to come anyway (just hearing about it might inspire you). Try to bring some suggestions for books for the next month so that we can pick one at random.

If you would like to join us, please
email spiritualbooks@interfaithcontactgroup.com



www.interfaithcontactgroup.com

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